

1 **Supplementary Materials for**

2 **Video-level and high-fidelity super-resolution SIM**
3 **reconstruction enabled by deep learning**

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5 **Hanchu Ye,^a Zitong Ye,^a Yunbo Chen,^a Jinfeng Zhang,^a Xu Liu,^a Cuifang**
6 **Kuang,^{a,b,c,*} Youhua Chen,^{a,c,*} Wenjie Liu^{a,b,*}**

7 ^aState Key Laboratory of Extreme Photonics and Instrumentation, College of Optical Science
8 and Engineering, Zhejiang University, Hangzhou, 310027, China

9 ^bZhejiang Lab, Hangzhou, 311121, China

10 ^cNingbo Innovation Center, Zhejiang University, Ningbo 315100, China

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12 *Address all correspondence to Wenjie Liu, wenjieliu@zju.edu.cn; Youhua Chen,
13 chenyh21012@zju.edu.cn; Cuifang Kuang, cfkuang@zju.edu.cn

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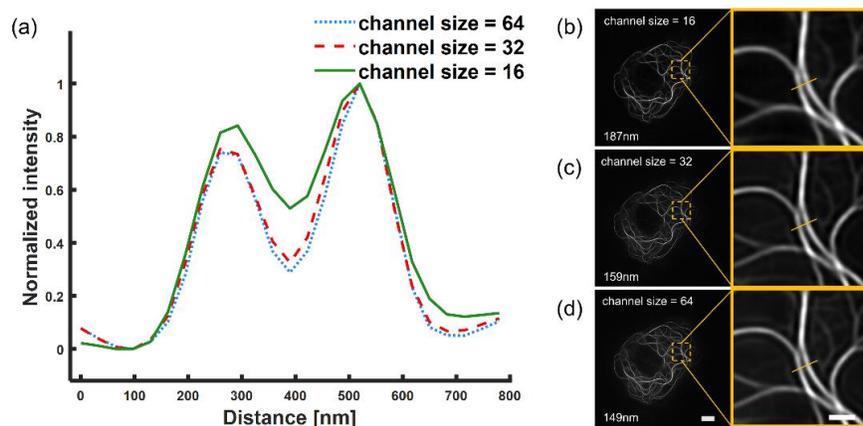
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16 **S1. Channel pruning for VDL-SIM network**

17 Network pruning is a technique to reduce model size and computational burden
18 by removing unnecessary parameters from a neural network^[1]. These
19 unnecessary parameters have limited contribution to the performance of the
20 model. Channel pruning^[2] is a simple way of pruning the network, which
21 focuses on the channels in the convolutional layer of the neural network. The
22 goal of pruning is to reduce the size of the model, thereby reducing the
23 computational cost, increasing the speed of inference and making it more
24 suitable for deployment in resource-limited environments^[3-4]. However,
25 channel pruning needs to be carefully balanced to ensure that the speedup is not
26 accompanied by a deterioration of the performance of the task.

27 After the initial construction of the VDL-SIM network, we adopt the way
28 of channel pruning to further improve the reconstruction speed of the network.

29 Under the FOV of 512 pixel×512 pixel, the reconstruction speeds of the models
30 with 64, 32 and 16 channels are 5, 15 and 43 frame/s, respectively. The
31 resolution of the corresponding reconstructed images are calculated by
32 decorrelation analysis method^[5], in which the model performance is better for
33 64 and 32 channel sizes, which are 149 nm and 159 nm [Fig. S1(b-c)],
34 respectively. However, the performance of the 16-channel size model is
35 impaired with a resolution of only 187 nm (Fig. S1(d)). For the two close
36 microtubules in the zoomed-in boxes, we plot their intensity distribution
37 profiles [Fig. S1(a)]. It shows that the distinguishing ability is similar for 64
38 and 32 channel sizes, whereas the reconstruction ability of 16 channel size is
39 obviously deteriorated. Therefore, considering both reconstruction speed and
40 quality, the network with a channel size of 32 is the best choice.

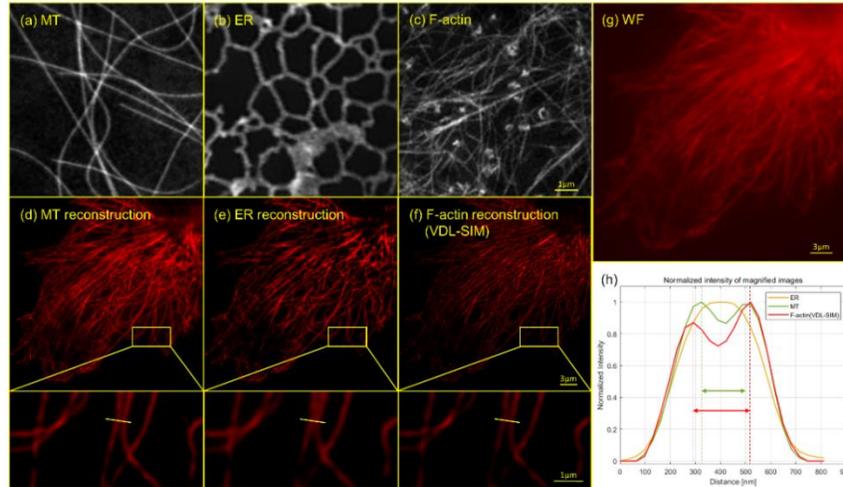


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42 **Fig. S1** Comparison of VDL-SIM reconstructed images for different channel sizes. (a) The
43 intensity distribution profiles for two close microtubules in (b-c) enlarged boxes, at channel
44 size of 64, 32, and 16. (b) The reconstructed image of VDL-SIM network with channel size
45 16 and its enlarged view. (c) The reconstructed image of VDL-SIM network with channel
46 size 32 and its enlarged view. (d) The reconstructed image of VDL-SIM network with
47 channel size 64 and its enlarged view. Scale bars: 3.28 μm (left image) and 0.75 μm (right
48 boxed magnified images).

49 **S2. Training datasets**

50 The training dataset used in this work is based on the open-source BioSR.
51 Specifically, we selected relatively complex structure of F-actin in BioSR as
52 the training structure, which allows the network to learn and understand
53 complex patterns better and thus to have higher generalizability to other
54 structures. In our experiments, we focus on the training datasets of three
55 biological structures: the ER [Fig. S2(b)], the microtubules [Fig. S2(a)], and the
56 F-actin [Fig. S2(c)], which represent the increasing complexity of the structures.
57 (Fig. S2) shows the reconstructed outputs of our network for microtubules after
58 training based on different structures. Comparing Figs. S2(d-f), it is obvious
59 that the reconstructed super-resolution image of the network trained out based
60 on the ER will have similarity to the ER structure with serious distortion [Fig.
61 S2(e)]. In contrast, the network trained based on the microtubules structure
62 reconstructs with more detail [Fig. S2(d)], but the learning of complex
63 structures is still not as accurate as the F-actin structure [Fig.S2(f)]. Fig. S2(h)
64 shows line profiles of neighboring microtubules in the enlarged region of the
65 images. The output of the F-actin trained VDL-SIM contains two neighboring
66 microtubules with the distance between the peaks of the profiles greater than
67 the gap between the ER and microtubules in the same cropped region.



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69 **Fig. S2** Comparison of reconstructed images of the training dataset for three different biological
 70 structures. (a) (b) (c) The GT images of the training dataset for microtubules (MT), ER and F-
 71 actin, respectively. (d) (e) (f) The reconstructed microtubules images and their enlarged images
 72 after training based on the biological structures microtubules (MT), ER and F-actin,
 73 respectively. (g) Shows the wide-field image common to (d) (e) (f) microtubules. (h) The line
 74 profile of neighboring microtubules in the magnified images. Scale bars, 1 μm for the GT images
 75 of the training dataset. scale bars, 3 μm for the reconstructed images. and boxed magnified
 76 images, Scale bars: 1 μm.

77 The F-actin structure was selected to perform data augmentation on the
 78 training dataset. We selected 50 different regions of interest, each with nine
 79 SNR levels, and randomly rotated the images to extend the datasets. Datasets
 80 of 40 regions are used for training, and datasets of the remaining 10 regions are
 81 used for validation. To train the network model, we use a supervised learning
 82 approach. The widefield images are treated as the network inputs. The paired
 83 reference images for the network are the traditional SIM reconstructed image
 84 after background removal by the rolling ball algorithm. The information is more
 85 concentrated after the background suppression, which can help the network to
 86 better understand the structural features while reducing the demand of
 87 computational resources.

88 **S3. The effect of the rolling ball algorithm on VDL-SIM**

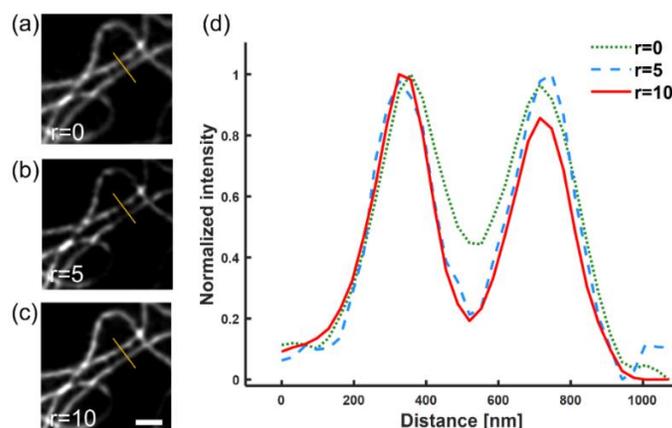
89 The rolling ball algorithm is a commonly used image processing algorithm for
90 background estimation and subtraction. It is based on the assumption of
91 smoothness of the background in the image and approximates the background
92 by fitting a rolling sphere. The basic idea of the algorithm is to scroll a sphere
93 from the top to the bottom of the image, and the radius of the sphere is adjusted
94 according to the changing gray value of the image pixels. When the sphere
95 intersects with the background part of the image, the surface of the sphere does
96 not overlap with the foreground part of the image, so the gray intensity inside
97 the sphere can be considered as an approximation of the background. The
98 equation of the rolling ball algorithm can be described as

$$99 \quad B(x, y) = \min \{ I(x+a, y+b) - r^2 \} \quad (S1)$$

100 where $B(x, y)$ is the pixel value of the background estimated image, $I(x, y)$ is the
101 pixel value of the raw image, r is the radius of the sphere, a and b are the
102 offsets of the center of the sphere with respect to the pixel (x, y) . The equation
103 indicates that for a given pixel, the background value can be estimated by
104 calculating the corresponding minimum value inside the sphere. Then, the
105 background of the whole image is calculated by scrolling the sphere from the
106 top to the bottom of the image.

107 To implement the algorithm, the radius and the center of the sphere need to
108 be adjusted to accommodate different background levels. The reconstructed

109 results of VDL-SIM with and without rolling ball processing are shown in Fig.
110 S3(a-c), the background of the reconstructed image is suppressed and the image
111 contrast is improved after processing. As shown in Fig. S3(d), the valley of the
112 curve for $r=5$ almost coincides with $r=10$, which indicates that the radius of 5
113 is sufficient for background suppression. The results thus show that the rolling
114 ball algorithm can reduce the influence of the background on the VDL-SIM
115 reconstruction.



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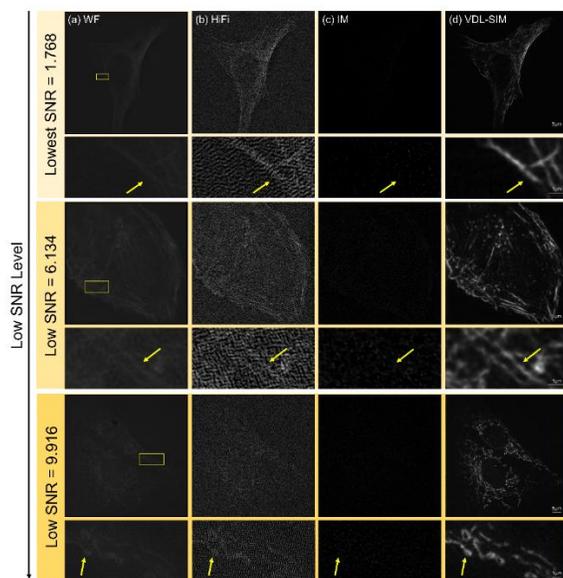
117 **Fig. S3** The influence of the rolling ball radius on VDL-SIM reconstruction. (a) Super-
118 resolution image reconstructed by VDL-SIM without rolling ball operation on the training
119 images. (b) Super-resolution image reconstructed by VDL-SIM with rolling ball operation on
120 the training images (radius size of 5). (c) Super-resolution image reconstructed by VDL-SIM
121 with rolling ball operation on the training images (radius size of 10). (d) The intensity
122 distribution profiles along the yellow lines in (a-c). Scale bars: 1 μm .

123 **S4. Extremely low SNR imaging**

124 When imaging biological living specimens, there are many application
125 situations that require lower light intensities and exposure times to minimize
126 damage to the organisms. The reason for this requirement is to maintain the life

127 activities and to avoid cell damage, cell death, or other irreversible changes in
128 morphology and structure. In this regard, low SNR imaging conditions are
129 necessary to help maintain the physiology of living specimens. In the following,
130 we compare the imaging results of VDL-SIM with the conventional algorithms
131 HiFi and IM SIM at extremely low SNR.

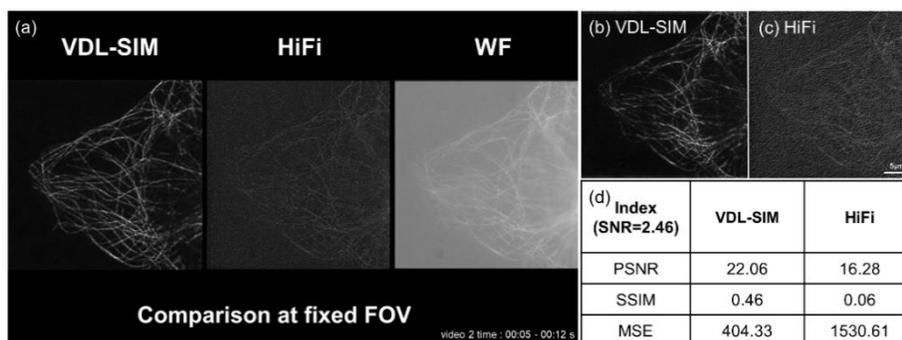
132 Imaging results with low SNR greater than 10 have been compared in detail
133 in section 3.3. Here we compare the imaging conditions with extremely low
134 SNR below 10. In this condition the traditional algorithms are no longer able to
135 estimate the parameters and lose the ability to image. VDL-SIM, in contrast,
136 still has the ability to discriminate biological structures and provides a useful
137 tool for SIM imaging at extremely low SNR.



138
139 **Fig. S4** Comparison of extremely low SNR reconstructed images. (a) Reconstructed wide-field
140 (WF) images. (b) Conventional HiFi SIM algorithm reconstructed images. (c) Conventional IM
141 SIM algorithm reconstructed images. (d) Reconstructed images by VDL-SIM algorithm. Larger
142 images, scale bar: 5 μm . Enlarged images, scale bar: 1 μm . Three extremely low SNR levels
143 with shallow to deep corresponding to increased SNR, from low to high are 1.768, 6.134 and
144 9.916.

145 Fig. S4 we show three SNR levels below 10. At SNR=1.768 and 6.734, the
 146 HiFi algorithm can only shadow a little bit of biological structures in the noise
 147 artifacts [Fig. S4(b)]. With the improvement of SNR, the noise artifacts are
 148 reduced at SNR=9.916, but still without reconstruction ability. The imaging
 149 results of the IM algorithm at extremely low SNR are even more unsatisfactory
 150 [Fig. S4(c)]. However, VDL-SIM can be used as a complementary technique
 151 for this application scenario, giving the observer a reference of the biological
 152 structure [Fig. S4(d)]. Benefit from deep learning for large-scale data training,
 153 feature learning and abstract representation. These make it possible to better
 154 adapt to imaging conditions with extremely low SNR and provide new
 155 solutions when parameters are difficult to estimate. Nevertheless, for specific
 156 tasks, it is still necessary to choose the right method and tuning approach
 157 depending on the characteristics of the problem and the accuracy requirements.

158 **Fig. S5 VDL-SIM video frame performance evaluation**



159
 160 **Fig. S5 VDL-SIM video frame performance evaluation.** (a) Screenshot of the video content of
 161 the fixed imaging region from 00:05-00:12s in Video 2. (b) Microtubules imaging results of
 162 VDL-SIM. (c) Microtubules imaging results of the conventional HiFi SIM algorithm. (d)
 163 Performance comparison table of VDL-SIM and HiFi reconstructed images. The imaging
 164 condition, SNR is 2.46. Exposure time is set to 15 ms.

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